

IN THE 'BURG

September 2021

Issue no. 8

[EVENTS](#)

[DINING](#)

[BLOG](#)



BE ENTERTAINED

Upcoming Events

- 9/1-9/5 Harry Potter Movie Series Week
[Mountain Arts Center](#)
- 9/16 Reverend Peyton's Big Damn Band
[Mountain Arts Center](#)
- 9/17 Kevin Dalton & The Tuesday Blooms
[Mountain Arts Center](#)
- 9/18 Garland Rogers & Friends
[Mountain Arts Center](#)
- 9/23 "Backdraft"
[Mountain Arts Center](#)
- 9/25 Levisa Fork Paddlefest
[Prestonsburg Tourism Commission](#)
- 9/25 Fall Gospel Concert
[Mountain Arts Center](#)
- 9/26 Larkin Poe
[Mountain Arts Center](#)



DOWNTOWN MURAL



Downtown Prestonsburg is now home to a new mural project. This beautiful mural captures and highlights many of the activities, attractions, and wildlife that make our town so uniquely special. The mural was brought to life by [Casey McKinney](#), this year's artist for the Kentucky Derby, in partnership with [Prestonsburg Tourism](#). Special thanks goes to Frank Fitzpatrick, who owns the building, and [Unlimited Equipment Rental](#) for donating the equipment needed to complete this project. Do yourself a favor, take a stroll downtown to experience this beautiful piece of art for yourself. Pictures welcomed! The mural is located at the intersection of Court Street & Arnold Avenue.



ARTIST SPOTLIGHT

Jenna McGuire

Jenna McGuire is an oil and mixed media artist from the Appalachian Mountains of Eastern Kentucky. She draws her inspiration from the subtle, yet phenomenal power that resides within both Women and Nature. Using bold colors, soft light, and a fluid aesthetic, each painting gives form to divine feminine energy and cathartic freedom. Celebrating the power, spirit, and beauty that is found in all life.

"Art is a Getaway to our soul. A vision that connects us to ourselves, our world, our history, and will tell our story to those who come after us. I feel that women hold the key, the power to create life and nurture it. The same as Mother Earth. We are a creation of both strong and soft. My hope is that my art will empower women of all ages, to connect or re-connect with the expanding power that resides within us all. The freedom to be powerfully you."

Jenna's art is on display this month at the Mountain Arts Center. It can also be viewed on [Instagram](#) or by visiting www.jennamcguireart.com.

JENNA MCGUIRE ➤

EATING IN THE 'BURG

Honey Bee Nutrition
119 North Arnold Ave. Suite 101

Honey Bee Nutrition, located in the heart of downtown Prestonsburg, is the go to spot for protein shakes and energy teas made to order. They offer an extensive menu of flavors from Snozberry to Chocolate Caramel Cheesecake. Plus these are packed with vitamins! The full menu is available on their [Facebook](#) page. To try one or two for yourself give them a call at 606-263-8006.



HONEY BEE NUTRITION ➤



FOR MORE INFORMATION:

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